

Southern Wisconsin Youth Basketball League

Rules

4th Grade (Boys & Girls)

1. Youth size basketball (28.5" circumference)
2. 2 time outs per half
3. Home team option to move free throw line to 13 feet
4. Shoot bonus on 7th team foul
5. 3-point baskets allowed
6. 4 seconds in the lane (on offense)
7. Full court press allowed only during the last 2 minutes of the half
8. If up by 10, team may not press
9. No zone defenses, person-to-person defense only,
10. Head to rim
11. No clear outs
12. Technical foul—automatic 2 points & possession of the ball

5th Grade (Boys & Girls)

1. Youth size basketball (28.5" circumference)
2. 2 time outs per half
3. Shoot bonus on 7th team foul
4. 3-point baskets allowed
5. 4 seconds in the lane (on offense)
6. Full court press allowed only during the last 2 minutes of the half
7. If up by 10, team may not press
8. No zone defenses, person-to-person defense only,
9. Head to rim
10. No clear outs
11. Technical foul—automatic 2 points & possession of the ball

6th Grade (Boys & Girls)

1. Youth size basketball (28.5" circumference)
2. 2 time outs per half
3. Shoot bonus on 7th team foul
4. 3-point baskets allowed
5. **3 seconds in the lane (on offense)**
6. **Full court press allowed**
7. If up by 10, team may not press
8. **Zone defenses allowed**
9. Technical foul—automatic 2 points & possession of the ball